



Quality of Life

Toward Prosperous & Healthy Societies

3rd International Conference on the Humanities

Effat University enthusiastically announces its forthcoming conference, Quality of Life: Toward Prosperous and Healthy Societies, an intellectual forum dedicated to interrogating the multidimensional facets of well-being in an era of unprecedented change. This gathering will convene leading scholars, policymakers, practitioners, and visionaries to critically examine the evolving interplay between health, sustainability, technological innovation, and economic advancement in shaping human flourishing.